

Make it Easy to Listen

Listening can be hard. Here are some ways to help your child listen at home.

You can use some of these tips to help adults listen better too!

Get their **attention** first

- Tap their shoulder to let them know it is time to listen.
- You may have to try a few times if they are busy.

Look at them when you talk

- Seeing your face when you talk makes it easier to listen. Do not cover your face.
- Word sounds are hard to hear when you look away.



Talk where it is **quiet**

- Noise makes it hard to hear. Turn off the TV or go to a quiet room to talk.
- Talk one at a time! It is hard to hear when many people are talking.

Be **near** them

- Word sounds can be hard to hear from far away.
- It is hard to see your face from far away.

Use a **strong, clear voice**

- Speak slowly and say words clearly.
- Do not shout! Shouting makes words harder to hear.

Say it a **different way**

- If your child says, “huh?” try using different words. For example:

Adult: Go put your toys away

Child: huh?

Adult: The toys go in the box now. Help me please!

Keep it **short**

- Tell them one thing at a time.
- Give them time to understand.

Read together, or **tell stories**

- Do funny voices with your child. This helps them hear words in different ways.
- Keep it fun! The more fun they have, the more they can practice listening.



If you are worried about your child's hearing, talk to your doctor about an audiology referral.